

No. 1 – Lady Irvine’s Jig

32-bar jig for three couples in a four couple longwise set

Bars	Description
1 – 8	1st couple turn with the right hand halfway round into promenade hold facing down. Dance down two places and, dropping right hands, cross over below 3rd couple and cast up to second place on own sides. 2nd couple step up on bars 5-6.
9 – 16	1st woman, giving left shoulder to 2nd man, dances a reel of three across the dance with 2nd couple. 1st man, giving left shoulder to 3rd woman, dances a reel of three across the dance with 3rd couple. 1st couple finish in second place on own sides.
17 – 20	1st couple dance a petronella turn to finish 1st man between 3rd couple facing up and 1st woman between 2nd couple facing down. Joining hands, all set three and three across the dance.
21 – 24	1st couple dance a petronella turn to finish in second place on the opposite side. Joining hands, all set three and three on the sides.
25 – 28	1st couple turn with the right hand one and three-quarter times.
29 – 32	1st man with 2nd couple and 1st woman with 3rd couple dance left hands across to finish in second place.

Repeat, having passed a couple.

Devised by Lewis N. Derrick in memory of Mabel, Lady Irvine, first Chairman of St Andrews Branch. A talented musician with a lifelong love of dancing she was wife of Sir James Irvine, Principal of St Andrews University from 1920 to 1952.

No. 2 – St Andrews 600

32-bar jig for three couples in a four couple longwise set

Bars	Description
1 – 4	1st and 2nd women, giving left hands, and 1st and 2nd men, giving right hands, turn one and a quarter times to finish with 1st couple in the middle of the dance, facing down, nearer hands joined, and 2nd couple in first place.
5 – 8	1st couple dance down between 3rd couple and cast up to second place on own sides.
9 – 12	1st and 2nd women, giving right hands, and 1st and 2nd men, giving left hands, turn once round to finish with 1st couple in the middle of the dance, facing up, nearer hands joined, and 2nd couple in first place.
13 – 16	1st couple dance up between 2nd couple and cast to second place on own sides.
17 – 20	1st and 3rd women, giving left hands, and 1st and 3rd men, giving right hands, turn once round.
21 – 24	2nd and 1st women, giving right hands, and 2nd and 1st men, giving left hands, turn once round.
25 – 32	2nd, 1st and 3rd couples dance six hands round and back.

Repeat, having passed a couple.

Devised by John M. Sturrock to celebrate the founding of St Andrews University in 1413.

No. 3 – The Chairman’s Chain

32-bar jig for four couples in a four couple longwise set

Bars	Description
1 – 8	<p>1st and 2nd couples dance a reel of four across the dance in a diagonal line between 1st man and 2nd woman’s places. 1st and 2nd couples pass partners by the right to begin.</p> <p>At the same time 3rd and 4th couples dance similarly.</p> <p>On bar 8, 1st woman and 2nd man and 3rd woman and 4th man complete the reel by passing left shoulder to finish in the middle of the set facing their partners.</p>
9 – 16	<p>1st and 2nd couples and 3rd and 4th couples dance a chain progression.</p> <p>9 -10 1st and 2nd couples turn with the right hand threequarters round.</p> <p>11 -14 1st man and 2nd woman turn with the left hand one and a half times to change places, while 1st woman and 2nd man dance halfway round clockwise to meet their partners.</p> <p>15 -16 2nd and 1st couple turn with the right hand. 2nd couple finish in first place and 1st couple finish in second place in the middle facing up ready for allemande.</p> <p>At the same time 3rd and 4th couples dance similarly.</p> <p>3rd couple finish in fourth place and 4th couple finish in the middle facing up ready for allemande.</p>
17 - 24	<p>1st and 4th couples dance an allemande. 1st couple finish in third place and 4th couple finish in second place.</p>
25 - 28	<p>2nd and 4th couples dance four hands round to the left. At the same time 1st and 3rd couples dance four hands round to the left.</p>
29 - 32	<p>4th and 1st couples dance four hands round to the right.</p>

The finishing order is 2,4,1,3.

Repeat from new positions.

*Devised by Lewis N. Derrick in 2004 for Irene Bennett,
Chairman-Elect of the RSCDS.*

No. 4 – The Bejant Royal

48-bar reel for three couples in a four couple longwise set

Bars	Description
1 – 2	1st couple set to each other.
3 – 4	1st couple, giving right hands, cross down to face out in second place on the opposite side. 2nd couple step up.
5 – 6	1st man casts down round 3rd woman and finishes between 3rd couple, all set facing up. 1st woman casts up round 2nd man and finishes between 2nd couple, all facing down.
7 – 8	Joining hands in lines of three, all set.
9 – 12	2nd and 3rd couples remain facing down and up while 1st couple turn with the right hand once round to finish facing first corners.
13 – 16	1st couple turn first corners with the left hand to finish back to back in the middle, 1st woman facing up and 1st man facing down. 1st couple retain left hands with first corners and give right hands to first corner's partner.
17 – 24	CROWN TRIANGLES danced as follows: 17-18 All set. On the second step, releasing hands, 1st couple quarter turn to the right to finish, 1st woman joining hands with 2nd and 3rd women and 1st man joining hands with 2nd and 3rd men. 19-20 All set. On the second step, releasing hands, 1st couple quarter turn to the right to finish, 1st woman joining hands with 3rd couple and 1st man joining hands with 2nd couple. 21-22 All set. On the second step, releasing hands, 1st couple quarter turn to the right to finish, 1st woman facing 2nd and 3rd men and 1st man facing 2nd and 3rd women. 23-24 All set. 1st couple retain right hands with first corners.
25 – 32	1st couple turn first corner with the right hand, partner with the left, second corner with the right, partner with the left to finish in the middle, 1st man facing down and 1st woman facing up.
33 – 40	Reels of three across the dance, 1st man with 3rd couple and 1st woman with 2nd couple. To begin 1st man and 3rd woman and 1st woman and 2nd man pass left shoulder. 1st couple finish in second place on own side.
41 – 48	2nd, 1st and 3rd couples dance six hands round and back.

Repeat, having passed a couple.

Devised by Lewis N. Derrick in 2002 to mark Prince William's first year at St Andrews University, when, following tradition, he would have been known as a "bejant", from the old French 'bec jaune,' a fledgling.

No. 5 – The St Andrews Platinum Reel

32-bar reel for three couples in a four couple longwise set

Bars	Description
1 – 8	1st couple set to each other and, giving nearer hands, dance down two places, cast up behind 3rd couple into second place on own sides and dance in to face first corners. 2nd couple step up on bars 5-6.
9 – 12	1st couple dance a half reel of four with first corners, giving right shoulder to corners to begin. 1st couple pass each other by the left to face second corners.
13 – 16	1st couple dance a half reel of four with second corners, giving right shoulder to corners to begin. 1st couple pass each other by the left to face first corners who are now on the opposite side.
17 – 24	1st couple turn first corners with the right hand, each other with the left hand, second corners with the right hand and each other with the left hand to finish in the middle of the set, 1st man facing up and 1st woman facing down.
25 – 28	1st man and 3rd couple (in first place) and 1st woman and 2nd couple (in third place) dance half reels of three across the dance. 1st man gives left shoulder to 3rd woman and 1st woman gives left shoulder to 2nd man to begin. 1st couple finish in second place on own sides, 1st man facing in and down, 1st woman facing in and up to continue into half reels of three on own sides.
29 – 32	3rd, 1st and 2nd men and 3rd, 1st and 2nd women dance half reels of three on own sides. 1st man gives right shoulder to 2nd man and 1st woman gives right shoulder to 3rd woman to begin. 2nd and 3rd couples curve into place.

Repeat, having passed a couple.

Devised by Lewis N. Derrick to celebrate the 70th Anniversary of St Andrews Branch.

No. 6 – The Tablet Maker’s Reel

40-bar reel for four couples in a square set

Bars	Description
1-8	1st man dances a figure of eight round 4th couple while 1st woman does likewise round 2nd couple. To begin, 1st couple cross over, woman passing in front of man, and dance out between the standing couples before dancing down, ending facing one another in partner’s original place.
9-12	1st couple set to each other and, giving both hands, turn halfway to finish in original places facing in.
13-16	1st and 3rd couples dance half rights and lefts. Omit polite turn and finish facing 2nd and 4th couples.
17-24	1st couple, 2nd man and 4th woman and, at the same time, 3rd couple, 2nd woman and 4th man dance reels of four across the set. To begin, all pass corners by the right. On bar 24, 1st and 3rd couples join left hands as they pass, the men making a polite turn ready for left hands across.
25-28	1st and 3rd couples dance left hands across three quarters round to finish 1st couple facing 4th couple and 3rd couple facing 2nd couple.
29-32	1st and 3rd couples passing 4th and 2nd couples by the right shoulder dance out and clockwise back to original places. To begin, 1st man, 4th man; 1st woman, 4th woman; 3rd man, 2nd man; 3rd woman, 2nd woman pass right shoulders.
33-40	1st, 2nd, 3rd and 4th couples dance eight hands round and back.

Repeat 3 more times with a new couple leading each time (2,3 and 4).

NOTE: When 2nd and 4th couples are leading, the reels of four will be up and down the set.

Devised by Lewis N. Derrick.

Irene Bennett, well known dancer, teacher and past chairman of the RSCDS is also locally known as a maker of tablet, hence the inscription of the dance. With imagination, the adding of ingredients, mixing and the final eating can be enjoyed in the dance. (30 November 2010)

Bruce Frazer, who wrote the above inscription, had the inspiration for this dance – he enjoyed eating the tablet!

No. 7 – The Seventy-Fifth Anniversary Medley

32-bar medley (16 bars strathspey/16 bars reel) for four couples
in a four couple longwise set

Bars

Description

Strathspey

- 1 – 8 1st and 2nd couples and, at the same time, 3rd and 4th couples set and rotate. To begin all face diagonally in. Finish in the order 2,1,4,3 with 1st man and 4th woman facing out.
- 9 – 10 1st and 4th couples dance left hands across halfway.
- 11 – 12 1st man casts down behind 3rd woman while 1st woman dances down in front of 3rd man. At the same time, 4th man dances up in front of 2nd woman while 4th woman casts up behind 2nd man.
- 13 – 16 1st woman, followed by her partner, casts up behind 3rd man and crosses to third place. 1st couple finish in third place on own sides facing down. 4th man, followed by his partner, casts off behind 2nd woman and crosses to second place. 4th couple finish in second place on own sides facing up.

Reel

- 1 – 8 All dance reels of four on own sides. To begin, 1st couple face 3rd couple, 4th couple face 2nd couple and all pass right shoulder.
- 9 – 12 2nd and 4th couples and, at the same time, 1st and 3rd couples dance right hands across.
- 13 – 16 4th and 1st couples dance left hands across.
- Finish in the order 2,4,1,3.
- Repeat from new positions.

*Devised by Lewis N. Derrick to mark the 75th Anniversary of
St Andrews Branch.*

No. 8 – A Strathspey for John

40-bar strathspey for three couples in a three couple longwise set

Bars	Description
1 – 4	1st couple set and turn with both hands halfway round to finish facing up, nearer hands joined.
5 – 8	1st couple cast off to second place on opposite sides and turn with the right hand once round to finish in allemande hold facing down. 2nd couple step up on bars 5-6.
9 – 12	1st couple dance down the middle in allemande hold and at the end of bar 12 turn (as in Gay Gordons) to face up.
13 – 16	1st couple, in allemande hold, dance up to second place and remain in the middle of the set on opposite sides.
17 – 24	2nd, 1st and 3rd couples dance reels of three on the sides, giving hands to partners whenever possible. 1st man gives left shoulder to 2nd woman and 1st woman gives right shoulder to 2nd man. 1st couple finish facing first corners.
25 – 28	1st couple and first corners dance corners pass and turn. 1st couple, passing right shoulders, finish facing second corners.
29 – 32	1st couple and second corners dance corners pass and turn. 1st couple, passing right shoulders, finish in second place.
33 – 34	1st and 3rd couples set.
35 – 36	1st woman casts off one place while 3rd man casts up one place. Meanwhile, 1st man and 3rd woman pass each other by the right and curve out to finish 1st man in third place and 3rd woman in second place. The order is now 2, 3, 1.
37 – 40	3rd and 1st couples dance right hands across once round.

Repeat, with a new top couple.

Devised by Ed Naughton in memory of John S. Sturrock.

No. 9 – Charlie’s Silver Jubilee

32-bar strathspey for four couples in a four couple longwise set

Bars	Description
1 – 4	1st couple turn with the right hand once round and cast off to second place. 2nd couple step up on bars 3-4.
5 – 8	1st man, giving right shoulder to 3rd man, dances a half reel of three with 3rd and 4th men. 1st woman, giving left shoulder to 3rd woman, dances a half reel of three with 3rd and 4th women.
9 – 16	2nd man and 4th man, 2nd woman and 4th woman, 3rd man and 1st man, 3rd woman and 1st woman, set to each other and, giving right hand, change places. The order is now 4,2,1,3 on own sides. The same people set to each other again and turn with the right hand three-quarters round to finish in lines of four across the dance, 2nd man and 4th woman back to back, facing 4th man and 2nd woman respectively; 3rd man and 1st woman back to back, facing 1st man and 3rd woman respectively.
17 – 22	2nd and 4th couples and, at the same time, 3rd and 1st couples dance three-quarters of a reel of four to finish facing partners.
23 – 24	All turn partners with both hands half-way round finishing in two diagonal lines, 4th couple above 2nd couple and 1st couple above 3rd couple, for a half poussette.
25 – 28	4th and 2nd couples, 1st and 3rd couples dance a half poussette. 2nd couple finish in first place and 1st couple finish in fourth place. 4th and 3rd couples finish in a diagonal line for another half poussette.
29 – 32	4th and 3rd couples dance a half poussette.

Repeat, with a new top couple.

Devised by Alan Mair to celebrate Charlie Todd’s 25 years as the teacher of St Andrews Branch.

No. 10 – Bruce Frazer of Strathkinness

32-bar strathspey for three couples in a four couple longwise set

Bars	Description
1 – 8	1st and 2nd couples set and rotate.
9 – 12	1st and 3rd couples dance right hands across, once round.
13 – 16	2nd and 1st couples dance left hands across, once round, to finish facing first corners.
17 – 18	1st couple set to first corners.
19 – 20	1st couple and first corners, giving both hands, turn once round.
21 – 24	1st couple and first corners continue to turn, open up and, with first corners leading, dance four hands round to the left. Release hands on bar 24, so that first corners finish in original places and 1st couple finish facing second corners.
25 – 26	1st couple set to second corners.
27 – 28	1st couple and second corners, giving both hands, turn once round.
29 – 32	1st couple and second corners continue to turn, open up and, with second corners leading, dance four hands round to the left. Second corners finish in original places and 1st couple finish in second place on own sides.

Repeat, having passed a couple.

Devised by Linda Gaul in recognition of Bruce Frazer's contribution to the work of the RSCDS, most recently in Fife, and to commemorate the 75th Anniversary of St Andrews Branch.

No. 11 - Irene Bennett's Strathspey

32-bar strathspey for three couples in a four couple longwise set

Bars	Description
1 – 8	1st couple, giving right hands, cross over and cast off to second place. 2nd couple step up on bars 3-4. 1st couple, giving left hands, cross over. 1st man casts off round 3rd man to finish between 3rd couple, all facing up. 1st woman casts up behind 2nd woman to finish between 2nd couple, all facing down.
9 – 12	Joining hands in lines of three, 1st man with 3rd couple and 1st woman with 2nd couple, advance and retire up and down the dance.
13 – 16	1st, 2nd and 3rd couples dance six hands halfway round to the left to finish with 1st man between 3rd couple, all facing down and 1st woman between 2nd couple, all facing up.
17 – 20	1st couple dance half diagonal rights and lefts, up and down the dance, with 3rd man and 2nd woman.
21 – 24	1st couple dance half diagonal rights and lefts, up and down the dance, with 3rd woman and 2nd man. 1st couple omit the polite turn at the end of the rights and lefts.
25 – 30	1st man and 2nd couple and 1st woman and 3rd couple dance reels of three across the dance. 1st man gives right shoulder to 2nd woman and 1st woman gives right shoulder to 3rd man to begin. 1st couple finish in second place on own sides.
31 – 32	2nd, 1st and 3rd couples, joining hands on the sidelines, set. Repeat, having passed a couple.

Devised by Lewis N. Derrick in 2003.

No. 12 – St Andrews Links

40-bar strathspey for three couples in a three couple longwise set

Bars	Description
1 – 4	1st couple set advancing and turn with both hands once round to finish facing up with nearer hands joined.
5 – 8	1st couple cast off to second place and dance a petronella turn to finish 1st woman between 2nd couple facing down, 1st man between 3rd couple facing up. 2nd couple step up on bars 5-6.
9 – 12	All three couples set and link for three to finish 1st couple in second place on own sides, 2nd couple in first place on opposite sides and 3rd couple in third place on opposite sides.
13 – 16	All three couples set and link for three to finish in lines across the dance, 1st woman between 2nd couple in third place on opposite sides, all facing up and 1st man between 3rd couple in first place on opposite sides, all facing down.
17 – 24	All dance six hands round and back, finishing in lines across the dance as at the end of bar 16.
25 – 28	1st man, giving right shoulder to 3rd woman, dances a half reel of three across the dance with 3rd couple. At the same time, 1st woman, giving right shoulder to 2nd man, dances a half reel of three across the dance with 2nd couple.
29 – 32	1st couple turn with both hands to second place on own sides and all three couples set.
33 – 36	1st couple, followed by 2nd couple, dance up between 3rd couple and cast off to finish in the order 3,2,1.
37 – 40	2nd couple, followed by 3rd couple, dance down between 1st couple and cast up to finish in the order 2,3,1.

Repeat, with a new top couple.

Devised by Georgina Finlay of Toronto in 2001 to celebrate the 'links' between the Home of Golf and the RSCDS.